Game of Grace

History: The Game of Grace was a common two player game that was typically played with either between two girls or between a girl and a guy. Grace was considered a game for girls, so it was very uncommon for two boys to play. The game consists of each player having two sticks and a common hoop. Each player would use the two sticks to throw the hoop to the other player. The other player would then use their sticks to catch the hoop. The game gets its name from the gracefully movement required to play. The game was seen as a proper game for young girls to play to improve their gracefulness.

Materials:

- Cross stitch frame
- 4 wooden dowels (Each dowel should be about 2 feet long and ½ inches wide. One option is to buy two 48 inch long and ½ inch dowels and cut them in half)
- Optional: Ribbon can be added to the bottom of the cross-stitch frame

Instructions:

1. Each player should have their dowels in each hand. The dowels should form an x shape
2. One player should start with the hoop in their dowels. Players should stand a few feet apart. The player with the hoop then can throw the hoop to the other player. The best way to throw the hoop is to toss it up and while tossing it quickly pull the dowels apart.

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1 https://janeausten.co.uk/blogs/games-to-play/the-game-graces/
2 https://hylandhouse.org/at-home-activities/the-flying-circle-make-your-own-game-of-graces/
3 https://www.nps.gov/fosc/learn/education/childrengame.htm
3. The other player then attempts to catch the hop with their sticks. Then they throw the hoop back at the other player.